

Includes Us 2
Free Information Workshops
Ashford and Folkestone
January - June 2018



Includes Us 2 are offering a series of free workshops for parents/carers who have children with a disability and/or additional needs.

Ashford Free Information Workshops

Rainbow Centre, Great Chart Bypass, Ashford, Kent TN23 4ER

Friday 26th January—Managing Challenging Behaviour— FULLY BOOKED

Friday 23rd February—Sleep Strategies— 10am-12pm

Friday 23rd March —Play and Lego Therapies— 10am-12pm

Friday 27th April—Understanding Autism— 10am-12pm

Friday 25th May —Communication and Visual Aids— 10am-12pm

Please note that parking for this workshop is behind Matalan adjacent to the Rainbow Centre rather than at the Centre itself. It's a 5 minute walk to the venue from the car park. If you need a map or require a disabled parking space please include this request when you book into the workshop.

Folkestone Free Information Workshops

The Village Children's Centre, Denmark Street, Folkestone

Friday 9th February—Managing Challenging Behaviour— FULLY BOOKED

Friday 9th March—Sleep Strategies — 10am-12pm

Friday 20th April —Play and Lego Therapies— 10am-12pm

Friday 11th May—Understanding Autism— 10am-12pm

Friday 15th June—Communication and Visual Aids— 10am-12pm

Limited parking is available at the Children's Centre and on-road parking is available nearby. If you need a map or require a disabled parking space please include this request when you book into the workshop.

BOOKING ESSENTIAL AS LIMITED SPACES

EMAIL: melissa@space2beme.org.uk TO REQUEST A BOOKING FORM

Workshops will be facilitated by Melissa Jacob, Family Support Worker at Space 2 Be Me.

Registered Office Address: Rainbow Centre, Great Chart Bypass, Ashford, Kent TN23 4ER

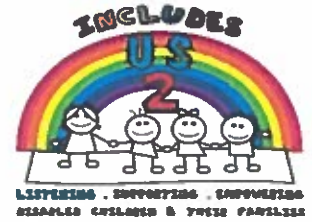
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Council**
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Includes Us 2
“My Time” Groups
Ashford, Shepway & Dover
January - March 2018



Shepway My Time Meeting Dates

The Village Children’s Centre, Denmark Street, Folkestone

Tuesday 6th February: 10am-11.30am

Tuesday 6th March: 10am– 11.30am

Dover My Time Meeting Dates

The Smile Centre, Mayfield Road, Whitfield, Dover, Kent CT16 3LJ

Wednesday 31st January: 9.30am-11am

Wednesday 28th February: 9.30am-11am

Wednesday 28th March: 9.30am - 11am

Ashford My Time Meeting Dates

Ray Allen Children’s Centre, Stanhope Road, Ashford, Kent TN23 5RN

Friday 19th January: 10.00am-11.30am

Friday 23rd February: 10.00am-11.30am

Friday 16th March: 10.00am-11.30am

Rainbow Centre, Great Chart Bypass, Ashford, Kent TN23 4ER

Tuesday 6th February: 10.00am-11.30am

Tuesday 1st May: 10.00am-11.30am

Meetings will be facilitated by Nicola and Hayley our Independent Support Workers, so if you have any questions regarding EHC plans they will be happy to help. Appointments for EHC support can also be arranged outside of MY Time meetings - call Nicola on 07525 589321 or Hayley on 07720 602640.